

# 7 Years

**Count:** 32    **Wall:** 4    **Level:** Ultra Beginner

**Choreographer:** Debbie Small (May 2016)

**Music:** 7 Years by Lukas Graham



**Intro: Start on “once”**

## **SIDE ROCK, BACK ROCK, LINDY**

1-2                      Rock right side, recover left  
3-4                      Rock right back, recover left  
5&6                     Step right side, step left together, step right side  
7-8                      Rock left back, recover right

## **SIDE ROCK, BACK ROCK, LINDY**

1-2                      Rock left side, recover right  
3-4                      Rock left back, recover right  
5&6                     Step left side, step right together, step left side  
7-8                      Rock right back, recover left

## **SIDE ROCK, BACK ROCK, PIVOT 1/4 LEFT**

1-2                      Rock right side, recover left  
3-4                      Rock right back, recover left  
5-6                      Step right forward, hold  
7-8                      Pivot ¼ left and step left forward, hold (9:00)

## **STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X**

1-2                      Step right diagonally forward, touch left next to right  
3-4                      Step left diagonally back, touch right next to left  
5-6                      Step right diagonally back, touch left next to right  
7-8                      Step left diagonally back, touch right next to left

**Repeat**

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